



Eccleston St Mary's C of E Primary School

Newsletter 1 | 5th September 2025

SCHOOL NEWS

Our Motto:
Believe & Achieve

Our Mission Statement:
Through Jesus we love, learn and grow

Prayer

Dear Lord,

We thank you for this new school year and ask that you guide our steps and our thoughts throughout the coming weeks. Help us not to be worried or concerned about what lies ahead but to see the good in new challenges and opportunities.

As we move through the year, please fill our hearts with joy, our minds with learning, and our classrooms with peace. Help us to make new friends and to be kind to everyone we meet.

We pray also for our teachers – thanking you for their love, their kindness and their constant support. May they be patient and strong in order to help each of us to be the very best we can be.
Amen

☆☆☆ SHINING STARS ☆☆☆

Nursery	Hallie	
Reception	Whole Class	
Year One	Everley	Henry
Year Two	Neve	Nyla
Year Three	Leo	Catriona
Year Four	Alice	Fearne
Year Five	Daniel	Maia
Year Six	Jacob	Katie

WINNING HOUSE THIS WEEK

DOUGLAS

Please click to find out more
about our school

[Facebook](#)
[Twitter](#)

**'I can do all things through
Christ who strengthens me.'**

Phil 4:13

Little Explorers

We have welcomed some new children into Little Explorers this week and are so pleased with how well they have all settled in. They have enjoyed making new friends, exploring their new classroom and joining in with different activities.



Reception Class

Reception Class have had the most amazing first week in school. We have loved making new friends whilst exploring our new classroom and outdoor area. Miss Ryan, Miss Speck and Mrs Gielty are so proud of you all!



Upcoming Dates

Monday 8th September	3.20-4.00pm	Meet the Teacher All Years (Classrooms)
Wednesday 10th September	4.00-6.00pm	Y6 Girls Football League (Parklands)
Thursday 11th September	am	Student Council Assembly
Thursday 11th September	10.00am	Jellybeans Starts Again
Thursday 11th September	4.00-6.00pm	Y5/6 Boys Football League (Holy Cross)
Tuesday 16th September	9.05-9.30am	Open the Book
Wednesday 17th September	4.00-6.00pm	Y6 Girls Football League (Parklands)
Thursday 18th September	4.00-6.00pm	Y5/6 Boys Football League (Holy Cross)
Wednesday 24th	4.00-6.00pm	Y6 Girls Football League (Parklands)
Thursday 25th September Awards Launch	9.00am -1.00pm	Fantastic Book
Thursday 25th September	4.00-6.00pm	Y5/6 Boys Football League (Holy Cross)
Friday 26th September	8.45-9.30	SODA Y6

Letters Home

Whole School—Welcome Back Class Letters

Y6 Girls Football League

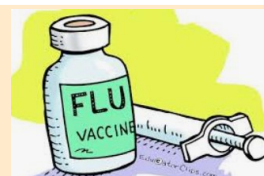
Y5/6 Boys Football League

Sports and Social Clubs

Monday	Guitar Lessons KS2	Lunchtime
Wednesday	Judo Club-KS2	8.00-8.45am
Thursday	Spanish Club-All Years	8.00-8.45am
Friday	Brass Club	3.20-4.15pm

Flu Immunisation Consent Forms

Please remember to return your Flu consent forms back to school by **Wednesday 10th September**. Thank you





St Mary's Church Heritage Weekend, 2025

Here in Ecclestone at St Mary the Virgin, which at over 900 years old is one of the oldest churches in Lancashire, we will be celebrating Heritage Open Days on Saturday, 20th and Sunday, 21st September by opening the church. This is part of the country's largest festival of history and culture. The theme this year is architecture. Volunteers have organised free events, offering access to places and stories that help to bring to life the history of the church and its benefactors. These events include guided tours of the church and a Bat Watch (Saturday night) with Lancashire Wildlife Trust.

The church will be open from 10am on Saturday and after Eucharist on Sunday from 12-30pm. Refreshments will be available in the Parish Hall. There will be activities for children to explore the building with a scavenger hunt and puzzles.

All are welcome to this **FREE EVENT**.

Towngate, Ecclestone, Nr Chorley.

POST Code

PR7 5QL

More information re. Ecclestone's open days from psvcoates@googlemail.com and more local details of events at

heritageopenweekend.org.uk

SCHOOL ADMISSIONS PRIMARY

APPLY NOW!
at lancashire.gov.uk/schools

School and Academy places September 2026
You must apply if your child has a 4th birthday between 1 September 2025 and 31 August 2026.
You must apply even if an older brother or sister is already at the school, or the school is linked to your child's nursery.
If you're a non-Lancashire resident apply through your own local authority.
Please read the admission criteria for your chosen schools on the website or get a copy from them.

School transport
If travel cost is an important factor in your school preference, search 'school transport' at lancashire.gov.uk or scan the QR code.

CLOSING DATE
15 January 2026

lancashire.gov.uk >>>> **Lancashire County Council**

WESTHOLME

ANNUAL OPEN EVENING
2 OCTOBER 2025
6PM - 9PM

WWW.WESTHOLMESCHOOL.COM

St Michael's Church of England High School
A Church of England Academy

Open Evening

The Headteacher, governors and staff warmly invite prospective parents, carers and pupils to

OPEN EVENING
Thursday 11th September 2025
from 5.30pm to 8.00pm
The Headteacher will address parents at 5.40pm, 6.20pm and 7.00pm

The school will be open for prospective parents, carers and pupils to visit on
Friday 12th September 9.30am – 12.00 noon
Thursday 9th October 9.30am – 12.00 noon

Please can we politely ask parents/carers, to be respectful of our neighbours and not block driveways.

Thank you.

Astley Road, Chorley, Lancashire. PR7 1RS
T: 01257 264740
E: admin@saint-michaels.lancs.sch.uk
www.saint-michaels.com
Headteacher: Mrs Rachel Rongong

Jellybeans

fun
activities

Jellybeans sessions for under 4s

10am to 11am

songs

stories

in the school hall at
Eccleston St. Mary's CE Primary School

Every Thursday

Children must be
accompanied by an adult

£2
per family

Refreshments
will be
served

Please share this information
with other families in the village.

10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Returning to school after the summer holidays can be both exciting and daunting for children of all ages. Different routines, classes, schools, and academic pressures can cause anxiety or uncertainty. Parents play a vital role in easing this transition. This guide will help you support your child emotionally, mentally, and practically as they return to school.

1 RE-ESTABLISH ROUTINES

Gradually shift back to school-time routines a week or two before term starts. Regular bedtimes, wake-up times, and mealtimes can help children feel more secure and reduce the shock of change when school begins. Having a routine creates predictability and stability, helping to reduce anxiety while improving sleep and concentration.

2 TALK ABOUT FEELINGS

Encourage open conversations with children about their feelings. Ask them how they feel about returning to school, such as what they're looking forward to and anything they might be feeling unsure or worried about. Validating their emotions can help reduce anxiety and show them it's okay to talk about their emotional wellbeing.

3 SUPPORT WITH SLEEP

Children need adequate sleep for concentration, brain function, memory, and emotional regulation. Establish a wind-down routine without screens at least an hour before bed, and encourage relaxing activities like reading or listening to calming music.

4 LOOK OUT FOR SIGNS

Some children hide their anxiety. Watch for changes in their behaviour, such as withdrawal, stomach aches, and irritability. If worries persist, speak with their teacher or the pastoral team early to ensure your child receives support.

5 REFRESH SOCIAL CONNECTIONS

Help children reconnect with school friends by arranging playdates or video chats in the week before school starts. Familiar faces and social interactions help the transition and provide emotional comfort on that first day back.

6 CREATE A CALM MORNING

Mornings set the tone for the day. Plan ahead with a consistent morning routine that allows time for breakfast, getting dressed, and talking calmly about the day. Avoid last-minute rushing to reduce stress for everyone.

7 FOCUS ON POSITIVES

Talk about the fun and interesting parts of school - seeing friends, favourite subjects, or exciting activities. One simple but powerful change parents can make is swapping "How's your day been?" for "What's been good about your day?" This invites more of a positive, open response. Focusing on positives can help shift children's anxious thoughts and reframe school as a safe and engaging place.

8 VISIT OR VISUALISE SCHOOL

If possible, encourage visits to the school grounds before the first day, especially if it's a new school. Walking the route or even looking at photos of classrooms and teachers can make the environment feel familiar. The school website is always a great go-to place for this. This is particularly helpful for younger children or those with additional needs.

9 PLAN AHEAD TOGETHER

Involve children in preparing for school - buying supplies, packing their bag, or choosing lunch options. This gives them a sense of control and builds excitement. Use checklists or calendars to prepare together, helping reduce last-minute stress.

10 STAY POSITIVE AND PRESENT

Children pick up on your outlook. Stay calm, positive, and present, especially during drop-offs. Avoid lingering goodbyes, and let them know you'll be there at pick-up. A consistent, reassuring presence builds their confidence and resilience.

Meet Our Expert

This guide was created by Jo Morton-Brown, an Emotional Health Practitioner with nearly 15 years' experience supporting children and young people's mental health. She produces uplifting YouTube content for pupils and trains adults to better support young people's wellbeing, with a mission to help every child feel valued and understand their emotions.



#WakeUpWednesday®

The National College