



SCHOOL NEWS

Our Motto:
Believe & Achieve

Our Mission Statement:
Through Jesus we love, learn and grow

Prayer

In light of events in Israel and Palestine this week, and the continuing war in Ukraine, we pray for peace.

Almighty God,
from whom all thoughts of truth and peace proceed: kindle, we pray, in the hearts of all, the true love of peace and guide with your pure and peaceable wisdom those who take counsel for the nations of the earth that in tranquillity your kingdom may go forward, till the earth is filled with the knowledge of your love; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.
Amen

☆☆☆ SHINING STARS ☆☆☆

Nursery	Charlie	
Reception	Quinn	Levi
Year One	Cassie	
Year Two	Bronte	Amelia
Year Three	Henry	Olivia
Year Four	Soarsie	Amy
Year Five	Theo	Felix
Year Six	Alpha	James

WINNING HOUSE THIS WEEK

YARROW

**Please click to find out
more about our school**

[Facebook](#)

**'I can do all things
through Christ who
strengthens me.'**

Phil 4:13

Year 3 Bring yer Wellies Trip

What an action packed day Year 3 had at Bring Yer Wellies on Tuesday! The children participated in an archaeological dig whilst learning about artefacts from the Stone Age, investigated how decomposition occurs and also worked as a team to build a giant dinosaur and a den in the woods! The class thoroughly enjoyed every activity and were even lucky enough to have an October picnic lunch!



Year 6 Football Teams

The Year 6 football teams have played incredibly over the last few weeks with both teams making it through to the finals! We wish those playing in next week's finals good luck and congratulate all those who have taken part.

Go Team St Mary's!



Parents' Evening

Remember parents' evening is this Monday - 16th October.



We break up for half term on Thursday 19th October at the normal time.
Friday 20th is a Staff INSET day.

Spelling Bee

We are so proud of our teams from Y5 and Y6, who took part in the Spelling Bee held this week at Tarleton Academy. They competed against 12 other local primary schools in a number of challenging spelling, punctuation and grammar rounds. All the children represented St Mary's brilliantly, they worked fantastically well as a team and were a credit to our school. Our Y6 team came third overall with the Y5 team not very far behind.



Very well done to all those who took part!

Welcome Week

Thank you to all of you who joined us for Welcome Week earlier this week. We hope you enjoyed your tour of the school with our amazing guides from Y5 and Y6!

Thank you, also, to members of the PTFA, who helped with the refreshments—it was very much appreciated.



Celebration Assembly

Please join us on Thursday 19th October in the school hall for a whole school assembly to mark the end of this year's Interfaith Week.

Please note: we will be starting a little earlier than advertised at **2.15 pm** in order to allow time for our Y6 boys' team to get to their football finals. Thank you.

Pick up

For Safeguarding reasons, If someone new is picking your child up from school, please could you inform the school office or your child's class teacher. Thank you.

Umbrellas

Nursery are looking for a few children's umbrellas. If anyone has any in good working condition that they no longer use and would be willing to donate, it would be greatly appreciated. Thank you.



Harvest Gifts— Chorley Help the Homeless

Thank you again to everyone for your generous Harvest donations. These have been greatly appreciated by Chorley Help the homeless.



Chorley Help the Homeless Ltd
The Gateway
Friday St
Chorley, Lancashire
PR6 0AA
reception@chth.org.uk
Tel: 01257 220077

Anne Jones,
16 Hawkswood,
Eccleston,
PR7 5RW

Friday 29th September 2023

Greetings to everyone at Eccleston St Mary's Primary School,

Chorley Help the Homeless would like to say a very big "Thank You!" for the wonderful donation of food from this year's **Harvest Festival**, delivered to us this week in combination with St Mary's Church. We are touched by the kindness and generosity we receive from our local schools. If possible, please pass on our thanks to all the children.

Your harvest donation will go a very long way to keep the shelves stocked at our Food Bank drop-in centre The Gateway. We are helping people who struggle with the cost of living, families who have problems being able to provide for their children, and an increasing number of people who are street homeless in Chorley.

Once again, on behalf of the charity and the vulnerable and homeless people of Chorley, thank you very much.

Very best regards,

A handwritten signature in blue ink that reads "Gavin Clayton".

Gavin Clayton
Administration

Chorley Help the Homeless

School Photographer

The school photographer will be in to take individual and family photos on Tuesday 31st October. Pupils with siblings not in school are welcome to come in from 8.30am to have their family photographs taken.



Secondary school admissions

If your child is in Year 6 you can now apply for their secondary school place at: www.lancashire.gov.uk/schools

It's quick and easy to do and you will receive email confirmation of your application.

You must apply even if you already have siblings in school. If you live in Lancashire you can include out of area preferences on your online application.

The closing date for secondary applications for September 2024 is 23:59 on 31 October 2023.

For guidance on school transport see: <https://www.lancashire.gov.uk/children-education-families/schools/school-transport/>.

Admission to Primary School 2024 is now open.

If your child is in their last year of pre-school/nursery you can now apply for their primary school place at: www.lancashire.gov.uk/schools

It's quick and easy to do and you will receive email confirmation of your application.

An advertisement for primary school admissions. It features a photograph of a young child with their arms raised in excitement. The text includes: "SCHOOL ADMISSIONS PRIMARY", "APPLY NOW! at lancashire.gov.uk/schools", "School and Academy places September 2024", and "CLOSING DATE 15 JANUARY 2024". There is also a small section about school transport and eligibility.

Upcoming Dates

Monday 16th October Monday 16th October	All Week 2.00pm onwards	Interfaith Week Parents' Evening
Tuesday 17th October	9.10am	Open the Book
Wednesday 18th October Wednesday 18th October	3.20pm 3.20 pm	PTFA Donut Diner Y6 Girls' Football Final
Thursday 19th October Thursday 19th October Thursday 19th October	10.00am 2.15pm 3.20pm	Jellybeans Celebration Assembly Y6 Boys Football Final

Letters Home

Y6—Football Final Letter
Whole School—Donut Diner

Sports and Social Clubs

Monday	Guitar Lessons KS2	Lunchtimes
Monday	Judo Club KS2	8.00-8.45am
Tuesday	Futsal KS1	3.20-4.20pm
Wednesday	Spanish Club Yrs1-6	8.00-8.50am
Wednesday	St Marys Singing Sensations	3.20-4.20pm
Thursday	Futsal KS2	3.20-4.20pm



RAINBOW SPRINKLE DONUTS

Will be for sale on Wednesday
18th October at 3.15pm in the
playground.

£1 each

 

PLEASE NOTE THESE DONUTS CONTAIN ALLERGENS INCLUDING
WHEAT, SOYA, DAIRY.
Prepared in open kitchen so cannot guarantee suitability for
people with allergies



  

HALF TERM HOLIDAY CLUB!
LIMITED SPACES AVAILABLE

ECCLESTON ST MARYS C.E PRIMARY SCHOOL
THE GREEN, ECCLESTON, CHORLEY, PR7 5TE

PRICE: £25 PER DAY OR £100 FOR FULL WEEK | 50% DISCOUNT FOR ANY EXTRA SIBLING
1 WEEK COURSE RUNNING 23RD | 24TH | 25TH | 26TH | 27TH OCTOBER
TIMES: 8:30AM – 4:00PM

BOOK NOW TO SECURE YOUR PLACE AT WWW.JMCOACHINGACADEMY.CO.UK
OR SCAN QR CODE BELOW



WHAT TO EXPECT
MULTI SPORTS GAMES | FOOTBALL | GOLF
| HANDBALL | DODGEBALL | BASKETBALL
| FRISBEE | FUTSAL | NETBALL | ATHLETICS
GAMES | STRIKE & FIELD GAMES | CLASSIC
HOLIDAY CLUB GAMES | AND MUCH MORE

FURTHER INFO CONTACT
JORDAN: 07896030716

@JMCOACHINGACADEMY   

SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

1 FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.



2 RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.



3 KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.



4 EMPHASISE HOPE

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.



5 MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.



6 CONSIDER YOUR OWN EMOTIONS

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.



7 SET LIMITS

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.



8 TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once: instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.



9 ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.



10 FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.



11 BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.



12 IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.



Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



NOS National Online Safety®
#WakeUpWednesday

Sources: <https://www.bbc.com/news/health-1047006> | <https://www.childrens.com/blog/supporting-your-child-with-upsetting-content/> | <https://www.uncstg.com/eng/what-to-tell-your-children-about-conflict-and-war>